

Narayan Medical College & Hospital, Jamuhar, Sasaram

Foundation Course for Batch 2019-20

Date	Day	9-10 am	10-11 am	11-12 pm	12-1 pm	1-2 pm	2-4 pm	4-5 pm
01/08/2019	Thursday	Orientation to the medical profession and the physician's role in society	Orientation to MBBS course, Medical College & Hospital	Orientation to alternate health system in India	Orientation to medical ethics, attitudes and professionalism	Lunch	Language	Sports
02/08/2019	Friday	Orientation to Rules of Antirraging	Orientation to GNSU rules and regulations	Orientation to Health care system & Delivery, National Health Priorities and policies	Lunch	Language	Sports	
03/08/2019	Saturday	Anatomy (O)	Physiology (O)	Biochemistry (O)	Comm. Med (O)	Lunch	Sports	
04/08/2019	Sunday							
05/08/2019	Monday	Pathology (O)	Field Visit (Comm. Med.)		Lunch	Language	Sports	
06/08/2019	Tuesday	Microbiology (O)	Field Visit (Comm. Med.)		Lunch	Language	Sports	
07/08/2019	Wednesday	Pharmacology (O)	Field Visit (Comm. Med.)		Lunch	Language	Sports	
08/08/2019	Thursday	FMT (O)	Field Visit (Comm. Med.)		Lunch	Language	Sports	
09/08/2019	Friday	Medicine (O)	Orientation to Universal Precaution, Patient safety and biohazard safety, Vaccines		Lunch	Language	Sports	
10/08/2019	Saturday	Surgery (O)			Lunch	Sports		
11/08/2019	Sunday							
12/08/2019	Monday		Holiday (Eid-ul-zoha-Subject to visibility of moon)					
13/08/2019	Tuesday	Paediatric (O)		Skill Module		Lunch	Language	Sports
14/08/2019	Wednesday	Orthopedics (O)		Skill Module		Lunch	Language	Sports
15/08/2019	Thursday			Holiday (Independence Day)				

(O)- Orientation; AETCOM: Attitude, Ethics & Communication

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Date	Day	9-10 am	10-11 am	11-12 pm	12-1 pm	1-2 pm	2-4 pm	4-5 pm
16/08/2019	Friday	ENT (O)		Skill Module		Lunch	Language	Sports
17/08/2019	Saturday	Ophthal (O)		Skill Module		Lunch	Sports	
18/08/2019	Sunday							
19/08/2019	Monday	OBG (O)		Skill Module		Lunch	Computers	Sports
20/08/2019	Tuesday	Radio (O)		Skill Module		Lunch	Computers	Sports
21/08/2019	Wednesday	Anaesthesia (O)		Skill Module		Lunch	Computers	Sports
22/08/2019	Thursday	Skin & VD (O)		Skill Module		Lunch	Computers	Sports
23/08/2019	Friday	Holiday (Janmashatmi)						
24/08/2019	Saturday	Psychiatry (O)		Skill Module		Lunch	Sports	
25/08/2019	Sunday							
26/08/2019	Monday	Introduction to AETCOM		Skill Module		Lunch	Computers	
27/08/2019	Tuesday	AETCOM		Skill Module		Lunch	Computers	
28/08/2019	Wednesday	AETCOM				Lunch	Computers	
29/08/2019	Thursday	AETCOM				Lunch	Computers	
30/08/2019	Friday	Comm.Med.	Anatomy	Physio	Biochem	Lunch	Computers	
31/08/2019	Saturday	Comm.Med.	Anatomy	Physio	Biochem	Lunch	Feedback session	


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Skill Module (35 hours) for Foundation course (1 Month) Time allotted for each Skill Module= 3 Hours from 10am to 1pm	
Topic	Department/ Faculty
1. First Aid skill and Basic introduction to emergency department/ ICU/CCU/NICU/SICU	CMO/ Casualty
2. Basic Life support (BLS) skills	Anaesthesia
3. Safety skills: Universal precaution skills	Microbiology
4. Safety skills: Hand washing, Needle / scalpel stick injury preventive measures Skill	Surgery
5. Life style modification skills	Community Med
6. Stress management skills and Interpersonal Relationship skill	Psychiatry
7. Medical Education & technology skills	MEU
8. Simulation based learning skills in Anatomy & Physiology	Anatomy & Physiology
9. Basic Laboratory skills and laboratory safety measures related to Biochemistry, Microbiology and Pathology including Blood bank	Central Lab
10. Bio safety & Biomedical waste handling skills	Microbiology
11. Approach to a patient and Doctor Patient Relationship	Medicine
12. Time management skills	MBA

➤ All students have to maintain a daily logbook for Foundation course which will be signed by the Principal/
Dean at the end of Foundation course.


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NARAYAN MEDICAL COLLEGE & HOSPITAL, JAMUHAR, SASARAM
CLASS ROUTINE FOR FIRST PROFESSIONAL (PHASE I): 12 months

DAY	8:30 - 9:30	9:30 - 10:30	10:30- 11:30	11.30 -01:30	01:30- 02:30	02:30:03:30	03:30-04:30
MON	PHYSIOLOGY LECTURE	ANATOMY LECTURE	PHYSIOLOGY SGT/T/IL/P	ANATOMY SGT/T/IL/P	LUNCH	SGT/T/IL/P (PHYS -A/BIO-B)	
TUE	ANATOMY LECTURE	PHYSIOLOGY LECTURE	AETCOM ¹	ANATOMY SGT/T/IL/P	LUNCH	SGT/T/IL/P (PHYS -B/BIO-A)	
WED	BIOCHEMISTRY LECTURE	PHYSIOLOGY LECTURE	ANATOMY LECTURE	ANATOMY SGT/T/IL/P	LUNCH	SGT/T/IL/P (PHYS -B/CM-A)	
THURS	PHYSIOLOGY LECTURE	BIOCHEMISTRY LECTURE	ANATOMY LECTURE	ANATOMY SGT/T/IL/P	LUNCH	SGT/T/IL/P (PHYS -A/CM-B)	
FRI	COMM. MED LECTURE ²	ANATOMY LECTURE	PHYSIOLOGY SGT/T/IL/P	ANATOMY SGT/T/IL/P	LUNCH	SGT/T/IL/P (PHYS -A/BIO-B)	
SAT	SGT/T/IL/P (PHYS -B/BIO-A)		EARLY CLINICAL EXPOSURE ⁴ ANATOMY/PHYSIOLOGY /BIOCHEMISTRY		LUNCH		

NOTE:


- 1- AETCOM for 34 weeks. After 34 weeks this time to be utilized for SGT/T/IL/P in Anatomy.
- 2- Comm.. med lecture for first 20 weeks. After 20 weeks this time to be utilized for SDL in Biochemistry.
- 3- Comm.. medicine SGT/T/IL/P and SDL for 16 weeks .After 16 weeks this time to be utilized for SDL in Anatomy.
- 4- Early clinical exposure for 30 weeks. After 30 weeks this time to be utilized for SDL in Physiology
- 5- Sports and extracurricular week will be held in 1st week of December.


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Narayan Medical College & Hospital, Jamuhar, Sasaram
Class Routine for Second Professional (Phase-2)
DURATION: 12 Months (Divided in two parts -A & B)

PART A (6 months)

Day	Time					
	8-9 am	9-12	12-1 pm	1-2 pm	2-4 pm	
Mon	Patho -(L)	Clinical Posting	Micro -SDL/IL	Lunch	Community Med- SGT/T/P	
Tues	Micro (L)	Clinical Posting	Pharma- IL	Lunch	Patho-A/ Pharma-B: SGT/T/P	
Wed	Med/OBG/Sur- (L): 7 weeks each	Clinical Posting	Pharma-(L)	Lunch	Patho- B/ Pharma- A: SGT/T/P	
Thurs	Pharma (L)	Clinical Posting	Comm. Med-L	Lunch	Micro-A,B: SGT/T/P	
Fri	Micro (L)	Clinical Posting	Patho - IL	Lunch	Micro-A, B: SGT/T/P	
Sat	Patho- (L)	FMT- (L/SGT/ T/P) 9-10 am	Patho 10-11 am	Micro 11-12	AETCOM	Lunch Sports & Extracurricular activity


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DURATION: 12 Months (Divided in two parts -A & B)

PART B (5 months)

Time	8-9 am	9-12			12-1 pm	1-2 pm	2-4 pm
Mon	Medicine	Clinical Posting			Patho- (L)	Lunch	Community Med- SGT/T/P
Tues	Surgery	Clinical Posting			Pharma-I/ II	Lunch	Patho-A/ Pharma-B: SGT/T/P
Wed	OBG	Clinical Posting			Pharma	Lunch	Patho- B/ Pharma- A: SGT/T/P
Thurs	Pharma	Clinical Posting			Comm. Med-L	Lunch	Micro-A,B: SGT/T/P
Fri	Patho -(L)	Clinical Posting			Patho - II	Lunch	Micro-A, B: SGT/T/P
Sat	Micro (L)	FMT- (L)	Patho 10-11 am	Micro 11-12	AETCOM	Lunch	Sports& Extracurricular activity

NB: There will be at least three internal examinations to be taken in a period of 1 year in each phase of MBBS


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Narayan Medical College & Hospital, Jamuhar, Sasaram Class
Routine for Third Professional (Phase 3) Part I
DURATION: 12 Months (Divided in two parts –A & B)

PART A (First 6 months)

Time	08:00 – 09:00 am	09:00- 12:00 pm	12:00- 01:00 pm	01:00- 02:00 pm	02:00- 04:00 pm
Monday	Gen Surgery	Clinical Posting	Comm. Medicine	Lunch	OBG (SGT/T/IL/P)
Tuesday	Medicine	Clinical Posting	Psychiatry	Lunch	Surgery (SGT/T/IL/P)
Wednesday	OBG	Clinical Posting	Dermatology	Lunch	Medicine (SGT/T/IL/P)
Thursday	Pediatrics	Clinical Posting	FMT	Lunch	Pediatrics (SGT/T/IL/P)
Friday	Ortho	Clinical Posting	AETCOM	Lunch	Comm. Med (SGT/T/IL/P)
Saturday	Comm. Med	Clinical Posting	Sports & Extracurricular		

PART B (Second 6 months)

Time	08:00 – 09:00 am	09:00- 12:00 pm	12:00- 01:00 pm	01:00- 02:00 pm	02:00- 04:00 pm
Monday	Gen Surgery	Clinical Posting	Comm. Medicine	Lunch	ENT (SGT/T/IL/P)
Tuesday	Medicine (IL/ SDL)	Clinical Posting	Ophtal	Lunch	Comm. Med (SGT/T/IL/P)
Wednesday	OBG	Clinical Posting	ENT	Lunch	FMT (SGT/T/IL/P)
Thursday	FMT	Clinical Posting	Ortho(SGT/T/IL/P)	Lunch	Ophtal (SGT/T/IL/P)
Friday	Anesthesia	Clinical Posting	Radio/ Resp. Med	Lunch	Radio/ Resp. Med
Saturday	Comm. Med	Clinical Posting	Sports & Extracurricular		



Narayan Medical College & Hospital, Jamuhar, SasaramClass
Routine for Third Professional (Phase 3) –Part II
DURATION: 12 Months (Divided in two parts –A & B)

PART A (First 6 months)

Time	08:00 – 09:00 am	09:00- 12:00 pm	12:00- 01:00 pm	01:00- 02:00 pm	02:00- 04:00 pm
Monday	OBG (L)	Clinical Posting	Surgery (SGT/T/IL/P)	Lunch	OBG (SGT/T/IL/P)
Tuesday	Gen Surgery(L)	Clinical Posting	OBG (L)	Lunch	Surgery (SGT/T/IL/P)
Wednesday	Medicine (L)	Clinical Posting	Gen Sur (L)	Lunch	Medicine (SGT/T/IL/P)
Thursday	Pedia (L)	Clinical Posting	Med (L)	Lunch	OBG (SGT/T/IL/P)
Friday	Medicine (L)	Clinical Posting	Surgery (SGT/T/IL/P)	Lunch	Medicine (SGT/T/IL/P)
Saturday	Pedia (L)	Clinical Posting	AETCOM	Lunch	

PART B (Second 6 months)

Time	08:00 – 09:00 am	09:00- 12:00 pm	12:00- 01:00 pm	01:00- 02:00 pm	02:00- 04:00 pm
Monday	OBG (L)	Clinical Posting	Surgery (SGT/T/IL/P)	Lunch	OBG (SGT/T/IL/P)
Tuesday	Gen Surgery (L)	Clinical Posting	OBG (L)	Lunch	Surgery (SGT/T/IL/P)
Wednesday	Medicine (L)	Clinical Posting	Gen Surgery (L)	Lunch	Medicine (SGT/T/IL/P)
Thursday	Ortho (L)	Clinical Posting	Med (L)	Lunch	OBG (SGT/T/IL/P)
Friday	Medicine (L)	Clinical Posting	Surgery (SGT/T/IL/P)	Lunch	Medicine (SGT/T/IL/P)
Saturday	Pedia (L)	Clinical Posting	AETCOM	Lunch	