Narayan Medical College & Hospital, Jamuhar, Sasaram Foundation Course for Batch 2019-20

13/00/217	15/00/2019	14/08/2019	12/08/2019	10/09/2010	11/08/2010	10/08/2019	03/00/2019	00/08/2019	00/00/2010	07/08/2010	06/08/2019	05/08/2019	04/08/2019	03/08/2019	02/00/201		02/08/2019		THE WAY		01/08/2019	Date
Hursday					+	Caturday	rnday			+	Tuesday	Monday		Saturday	-		Friday	+		t	Thursday	-
	Orthopedics (O)	Paediatric (O)			ourgary (O)	Curron (O)	Medicine (O)	FMI (O)	Fnarmacology (U)	PL 1 (O)	Microbiology (O)	Pathology (O)		Anatomy (O)	Antiragging	Rules of	Orientation to	role in society	and the physician's	medical profession	Orientation to the	9-10 am
							Orientation to U	1		1 1		H		Physiology (O)	regulations	GNSU rules and	Orientation to	& Hospital	Medical College	MBBS course,	Orientation to	10-11 am
Holiday (Inde	Skill Module	Skill Module	Holiday (Eid-ul	Sunday	Skill Module	01 1 1	Orientation to Universal Precaution, Patient safety and biohazard safety. Vaccines	Field Visit (Comm. Med.)	Field Visit (Comm. Med.)	Field Visit (Comm. Med.)		Field Visit (Comm. Med.)	Sunday	Biochemistry (O)	policies	Delivery, National Health Priorities and	Orientation to Health care system &		system in India	alternate health	Orientation to	11-12 pm
(Independence Day)			Holiday (Eid-ul-zoha-Subject to visibility of moon)				atient safety and	d.)	d.)	d.)		d.)		Comm. Med (O)	cies	lealth Priorities and	Ith care system &	professionalism	attitudes and	medical ethics,	Orientation to	12-1 pm
	Lunch	Lunch	oility of m		Lunch		Lunch	Lunch	Lunch	Lunch	TOTTO	Linch		Lunch			Lunch		¥		Lunch	1-2 pm
	Language	Language	oon)		Sports		Language	Language	Language	Language	Language	I andilade		Sports		0	Language			(Language	2-4 pm
	Sports	Sports			rts		Sports	Sports	Sports	Sports	chorda	Charte		rts	1		Sports				Sports	4-5 pm

(O)- Orientation; AETCOM: Attitude, Ethics & Communication



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31/08/2019 Saturday	30/08/2019	29/08/2019 Thursday	28/08/2019	27/08/2019 Tuesday	26/08/2019	25/08/2019	24/08/2019	23/08/2019	22/08/2019 Thursday	21/08/2019	20/08/2019 Tuesday	19/08/2019	18/08/2019	17/08/2019	16/08/2019	Date
Saturday	Friday	Thursday	Wednesday	Tuesday	Monday		Saturday	Friday	Thursday	21/08/2019 Wednesday	Tuesday	Monday		Saturday	Friday	Day
Comm.Med.	Comm.Med.			AETCOM	AETCOM		Psychiatry (O)		Skin & VD (0)	Anaesthesia (O)	Radio (O)	OBG (O)		Ophthal (O)	ENT (O)	9-10 am
Anatomy	Anatomy	AETCOM	AETCOM													10-11 am
Physio	Physio	MOX	MOX	Skill Module	Skill Module	Sunday	Skill Module	Holiday	Skill Module	Skill Module	Skill Module	Skill Module	Sunday	Skill Module	Skill Module	11-12 pm
Biochem	Biochem	*		le	le	y	le	Holiday (Janmashtmi)	le	le	le	le	Y	le	le	12-1 pm
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch		Lunch		Lunch	Lunch	Lunch	Lunch		Lunch	Lunch	1-2 pm
Feedback session	Computers	Computers	Computers	Computers	Computers		Sports	THE STATES	Computers	Computers	Computers	Computers		Sports	Language	2-4 pm
session	outers	outers	outers	outers	outers		orts		Sports	Sports	Sports	Sports		orts	Sports	4-5 pm

(O)- Orientation; AETCOM: Attitude, Ethics & Communication



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Time allotted for each Skill Module= 3 Hours from 10am to 1pm Topic I and Basic introduction to emergency department/ ICU/CCU/NICU/SICU I apport (BLS) skills Universal precaution skills Hand washing, Needle / scalpel stick injury preventive measures Skill Sement skills and Interpersonal Relationship skill reation & technology skills reatory skills and laboratory safety measures related to Biochemistry, y and Pathology including Blood bank Biomedical waste handling skills Pagent skills and laboratory safety measures related to Biochemistry, and Pathology including Blood bank Biomedical waste handling skills Microbiology Microbiology Microbiology Microbiology Medicine	MBA	12. Time management skills
Time allotted for each Skill Module= 3 Hours from 10am to 1pm Topic I and Basic introduction to emergency department/ ICU/CCU/NICU/SICU Anaesthesia Universal precaution skills Hand washing, Needle / scalpel stick injury preventive measures Skill Surgery odification skills gement skills and Interpersonal Relationship skill cation & technology skills ratory skills in Anatomy & Physiology y and Pathology including Blood bank Biomedical waste handling skills Microbiology Microbiology Microbiology	Medicine	11. Approach to a patient and Doctor Patient Relationship
Time allotted for each Skill Module= 3 Hours from 10am to 1pm Topic Topic I and Basic introduction to emergency department/ ICU/CCU/NICU/SICU Anaesthesia I and washing, Needle / scalpel stick injury preventive measures Skill I and washing, Needle / scalpel stick injury preventive measures Skill I and washing, Needle / scalpel stick injury preventive measures Skill I and washing, Needle / scalpel stick injury preventive measures Skill I and washing, Needle / scalpel stick injury preventive measures Skill I and washing, Needle / scalpel stick injury preventive measures Skill I and washing, Needle / scalpel stick injury preventive measures Skill I and washing, Needle / scalpel stick injury preventive measures Skill I and washing, Needle / scalpel stick injury preventive measures Skill I and washing, Needle / scalpel stick injury preventive measures Skill I and washing, Needle / scalpel stick injury preventive measures Skill I and washing, Needle / scalpel stick injury preventive measures Skill I and washing, Needle / scalpel stick injury preventive measures Skill I and washing, Needle / scalpel stick injury preventive measures Skill I and washing, Needle / scalpel stick injury preventive measures Skill I and washing, Needle / scalpel stick injury preventive measures Skill I and washing, Needle / scalpel stick injury preventive measures Skill I and washing, Needle / scalpel stick injury preventive measures Skill I and washing, Needle / scalpel stick i	Microbiology	10.Bio safety & Biomedical waste handling skills
Time allotted for each Skill Module= 3 Hours from 10am to 1pm Topic I and Basic introduction to emergency department/ ICU/CCU/NICU/SICU I pport (BLS) skills Universal precaution skills Hand washing, Needle / scalpel stick injury preventive measures Skill cation & technology skills ased learning skills and laboratory safety measures related to Biochemistry, Central Lab Department/ Faculty CMO/ Casualty Microbiology Surgery Community Med Psychiatry MEU Anatomy & Physiology ratory skills and laboratory safety measures related to Biochemistry, Central Lab		Microbiology and Pathology including Blood bank
allotted for each Skill Module= 3 Hours from 10am to 1pm Topic duction to emergency department/ ICU/CCU/NICU/SICU Ils ution skills Needle / scalpel stick injury preventive measures Skill Interpersonal Relationship skill logy skills logy skills ills in Anatomy & Physiology	Central Lab	9. Basic Laboratory skills and laboratory safety measures related to Biochemistry, Central Lab
allotted for each Skill Module= 3 Hours from 10am to 1pm Topic duction to emergency department/ ICU/CCU/NICU/SICU lls ution skills Needle / scalpel stick injury preventive measures Skill Interpersonal Relationship skill logy skills	Anatomy & Physiology	8. Simulation based learning skills in Anatomy & Physiology
allotted for each Skill Module= 3 Hours from 10am to 1pm Topic duction to emergency department/ ICU/CCU/NICU/SICU Ils ution skills Needle / scalpel stick injury preventive measures Skill Interpersonal Relationship skill	MEU	7. Medical Education & technology skills
allotted for each Skill Module= 3 Hours from 10am to 1pm Topic duction to emergency department/ ICU/CCU/NICU/SICU lls wition skills Needle / scalpel stick injury preventive measures Skill	Psychiatry	6. Stress management skills and Interpersonal Relationship skill
pm	Community Med	5. Life style modification skills
pm	Surgery	4. Safety skills: Hand washing, Needle / scalpel stick injury preventive measures Skill
pm	Microbiology	3. Safety skills: Universal precaution skills
pm	Anaesthesia	2. Basic Life support (BLS) skills
	CMO/ Casualty	1. First Aid skill and Basic introduction to emergency department/ ICU/CCU/NICU/SICU
Skill Module (35 hours) for Foundation course (1 Month) Time allotted for each Skill Module= 3 Hours from 10am to 1pm	Department/ Faculty	Topic
Skill Module (35 hours) for Foundation course (1 Month)		Time allotted for each Skill Module= 3 Hours from 10am to 1pm
		Skill Module (35 hours) for Foundation course (1 Month)

> All students have to maintain a daily logbook for Foundation course which will be signed by the Principal/ Dean at the end of Foundation course.



NARAYAN MEDICAL COLLEGE & HOSPITAL, JAMUHAR, SASARAM CLASS ROUTINE FOR FIRST PROFESSIONAL (PHASE I): 12 months

SAT	FRI	THURS	WED	TUE	MON	DAY
SGT/T/IL/P (PHYS-B/BIO-A)	COMM. MED	PHYSIOLOG Y LECTURE	BIOCHEMIST RY LECTURE	ANATOMY	PHYSIOLOG Y LECTURE	8:30 - 9:30
HYS -B/BIO-A)	ANATOMY	BIOCHEMISTR Y LECTURE	PHYSIOLOGY LECTURE	PHYSIOLOGY LECTURE	ANATOMY LECTURE	9:30 - 10:30
EARLY CLINICAL EXPOSURE ⁴ ANATOMY/PHYSIOLOGY /BIOCHEMISTRY	PHYSIOLOGY SGT/T/IL/P	ANATOMY LECTURE	ANATOMY LECTURE	AETCOM	PHYSIOLOGY SGT/T/IL/P	10:30- 11:30
AL EXPOSURE ⁴	ANATOMY SGT/T/IL/P	ANATOMY SGT/T/IL/P	ANATOMY SGT/T/IL/P	ANATOMY SGT/T/IL/P	ANATOMY SGT/T/IL/P	11:30 -01:30
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	01:30- 02:30
	SGT/T/IL/P (PHYS-A/BIO-B)	SGT/T/IL/P (PHYS –A/CM-B)	SGT/T/IL/P (PHYS –B/CM-A)	SGT/T/IL/P (PHYS -B/BIO-A)	SGT/T/IL/P (PHYS-A/BIO-B)	02:30:03:30
	/BIO-B)	/CM-B)	(CM-A)	/BIO-A)	/BIO-B)	04:30

NOTE:

- AETCOM for 34 weeks. After 34 weeks this time to be utilized for SGT/ T/ IL/P in Anatomy.
- Comm.. med lecture for first 20 weeks. After 20 weeks this time to be utilized for SDL in Biochemistry.
- Comm.. medicine SGT/T/IL/P and SDL for 16 weeks . After 16 weeks this time to be utilized for SDL in Anatomy.
- Early clinical exposure for 30 weeks. After 30 weeks this time to be utilized for SDL in Physiology
- 5- Sports and extracurricular week will be held in 1st week of December.



Narayan Medical College & Hospital, Jamuhar, Sasaram Class Routine for Second Professional (Phase-2) DURATION: 12 Months (Divided in two parts -A & B)

PART A (6 months)

	Sat	Fri	Thurs		Wed	Tues	Mon		Dav
	Patho-(L)	Micro (L)	Pharma (L)	(L): 7 weeks each	Med/OBG/Sur-	Micro (L)	Patho-(L)	8-9 am	
<i>T/P</i>) 9-10 am	FMT- (L/SGT/	Clin	Clin		Clin	Clin	Clin	î	
am	Patho 10-11	Clinical Posting	Clinical Posting		Clinical Posting	Clinical Posting	Clinical Posting	9-12	
	Micro 11-12	g	- Eq		92	σα	44		
	AETCOM	Patho - IL	Comm. Med-L		Pharma-(L)	Pharma- IL	Micro -SDL/IL	12-1 pm	Time
	Lunch	Lunch	Lunch		Lunch	Lunch	Lunch	1-2 pm	
	Sports & Extracurricular activity	Micro-A, B: SGT/T/P	Micro-A,B: SGT/T/P	Contract to The Contract of th	Patho- B/ Pharma- A: SGT/T/P	Patho-A/ Pharma-B: SGT/T/P	Community Med-SGT/T/P	2-4 pm	



Narayan Medical College & Hospital, Jamuhar, Sasaram Class Routine for Second Professional (Phase-2) DURATION: 12 Months (Divided in two parts -A & B)

PART B (5 months)

								-
				am				
			11-12	10-11	(L)			
Sports& Extracurricular activity	Lunch	AETCOM	Micro	Patho	FMT-	Micro (L)	Sat	
Micro-A, B: SGT/T/P	Lunch	Patho - IL	ng	Clinical Posting	Cli	Patho-(L)	Fri	
Micro-A,B: SGT/T/P	Lunch	Comm. Med-L	ing	Clinical Posting	Cli	Pharma	Thurs	
Patho- B/ Pharma- A: SGT/T/P	Lunch	Pharma	ing	Clinical Posting	Cli	OBG	Wed	
Patho-A/Pharma-B: SGT/T/P	Lunch	Pharma-L/IL	ng	Clinical Posting	Cli	Surgery	Tues	
Community Med-SGT/T/P	Lunch	Patho- (L)	ng	Clinical Posting	Cli	Medicine	Mon	
2-4 pm	1-2 pm	12-1 pm		9-12		8-9 am	Time	
								1

NB: There will be at least three internal examinations to be taken in a period of 1 year in each phase of MBBS



Narayan Medical College & Hospital, Jamuhar, SasaramClass Routine for Third Professional (Phase 3) Part I DURATION: 12 Months (Divided in two parts -A & B)

PART A (First 6 months)

PART B (Second 6 months)

Saturday	Friday	Thursday	Wednesday OBG	Tuesday	Monday	Time
Comm. Med	Anesthesia	FMT	OBG	Medicine (IL/SDL)	Gen Surgery	08:00 - 09:00 am
Clinical Posting	Clinical Posting	Clinical Posting	Clinical Posting ENT	Clinical Posting Ophtal	Clinical Posting	09:00- 12:00 pm
	Clinical Posting Radio/ Resp. Med Lunch	Clinical Posting Ortho(SGT/T/IL/P) Lunch	ENT		Clinical Posting Comm. Medicine	12:00- 01:00 pm
Sports & Extracurricular	Lunch	Lunch	Lunch	Lunch	Lunch	01:00-02:00 pm
ricular	Radio/ Resp. Med	Ophthal (SGT/T/IL/P)	FMT (SGT/T/IL/P)	Comm. Med (SGT/T/IL/P)	ENT (SGT/T/IL/P)	02:00- 04:00 pm



Narayan Medical College & Hospital, Jamuhar, SasaramClass Routine for Third Professional (Phase 3) -Part II DURATION: 12 Months (Divided in two parts -A & B)

PART A (First 6 months)

	Lunch	AETCOM	Clinical Posting	Pedia (L)	Saturday
Medicine (SGT/T/IL/P)	Lunch	Clinical Posting Surgery (SGT/T/IL/P)	Clinical Posting	Medicine (L)	Friday
OBG (SGT/T/IL/P)	Lunch	Med (L)	Clinical Posting Med (L)	Pedia (L)	Thursday
Medicine (SGT/T/IL/P)	Lunch	Gen Sur (L)	Clinical Posting Gen Sur (L)	Wednesday Medicine (L)	Wednesday
Surgery (SGT/T/IL/P)	Lunch	OBG (L)	Clinical Posting OBG (L)	Gen Surgery(L)	Tuesday
OBG (SGT/T/IL/P)	Lunch	Clinical Posting Surgery (SGT/T/IL/P)	Clinical Posting	OBG (L)	Monday
	pm				
02:00- 04:00 pm	01:00- 02:00	12:00- 01:00 pm	09:00- 12:00 pm	08:00 - 09:00 am 09:00- 12:00 pm	Time

PART B (Second 6 months)

	Friday Medicine (L)	Thursday Ortho (L)	Wednesday Medicine (L)	Tuesday Gen Surgery (L)	Monday OBG (L)	Time 08:00 09:00 am
Padia (L) Clin					Clin	
Clinical Posting	Clinical Posting	Clinical Posting	Clinical Posting	Clinical Posting	Clinical Posting	09:00- 12:00 pm
AETCOM	Surgery (SGT/T/IL/P) Lunch	Med (L)	Gen Surgery (L)	OBG (L)	Surgery (SGT/T/IL/P) Lunch	12:00- 01:00 pm
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	01:00- 02:00 pm
	Medicine (SGT/T/IL/P)	OBG (SGT/T/IL/P)	Medicine (SGT/T/IL/P)	Surgery (SGT/T/IL/P)	OBG (SGT/T/IL/P)	02:00- 04:00 pm

